



DIRECTIONS

Rating Scales

1. First, print out this file. Your packet is ordered consecutively, please keep it in order. See page numbers at the bottom of the pages.
2. Locate and review the enclosed rating scales. Read the directions for each scale.
 - a. BAARS-IV: Self-Report; Current Symptoms - 30 items
 - b. BAARS-IV: Self-Report: Childhood Symptoms - 20 items
 - c. BDEFS-LF: Self-Report – 89 items
 - d. BFIS-LF: Self-Report – 15 items
3. These self-rating scales are designed to assess ADHD symptoms (current and childhood), functional impairment, possible co-occurring mental disorders, and executive functioning – essential for the diagnosis of ADHD.
4. Completion of all rating scales will take about 1 hour and can be completed in one sitting.
5. Find a quiet and confidential place to complete the rating scales. Do not allow anyone else to influence you or complete these rating scales.
6. Where indicated, complete the information at the top: Name, Date, Sex, Age.
7. Read the Instructions and complete the rating scales. Be sure to answer every question. Do not score the scales. I will score the scales when we meet and show you the results.
8. Bring all completed paper scales to the clinical interview.
9. Contact the office or your Psychologist if you have any questions.
10. See you soon!