

## Preface and Use of This Manual

Welcome to the *Adult ADHD Specialist Evaluation Training Manual*. This manual represents the culmination of years of clinical expertise, professional refinement, and real-world practice in the evaluation of adult ADHD. Whether you are seeking to expand your clinical services, sharpen your diagnostic skills, or integrate an efficient, evidence-based evaluation system into your practice, this manual will provide the guidance, tools, and confidence needed to succeed.

Developed by **Dr. Joseph E. Schumacher**, a **Clinical Psychologist** and former Professor of Medicine, this manual is the core educational component of the Adult ADHD Specialist program. It is designed to interface directly with the 3-hour live Zoom course, which reinforces core principles and prepares you to implement the system with clarity and confidence. Together, the manual and course will make an immediate and meaningful impact in your practice.

The manual is structured around a four-step model:

1. **Framework** – Orientation to ADHD science, billing decisions, office systems, and practice infrastructure
2. **Skill Building** – Competence in ethical evaluation, rating scale use, and neurocognitive interpretation
3. **Clinical Decision Making** – Accurate application of DSM-5-TR criteria, diagnostic synthesis, and differential diagnosis
4. **Report Writing** – Producing clear, professional, and actionable reports

Each chapter includes clearly defined learning objectives, outlines, detailed narratives, clinical forms, protocols, and interpretation cards to guide your practice. The materials are delivered in individual digital files for your personal ownership, adaptation, and use.

For those who prefer a tangible copy, the full desk top reference manual can be purchased in a bound, printed format for a nominal cost.

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