

## Preface and Use of This Manual

The *Adult ADHD Specialist Evaluation Training Manual* is a structured, evidence-based system developed by Dr. Joseph E. Schumacher to help psychologists add or enhance adult ADHD evaluations in their practice. Built around a four-step model—Framework, Skill Building, Clinical Decision Making, and Report Writing—the manual provides forms, protocols, interpretation tools, and guidance for efficient, accurate evaluations. It integrates with a live 3-hour Zoom course for added support and is available as a Manual-Only or Complete Training Package, the latter including direct consultation, feedback, certification eligibility, and peer support. To support launch, the manual offers both a **Quick Start guide** for immediate implementation and a **30-Day Action Plan** to build full competence and confidence.

## Sharing My Passion With You

In just the past two years, I've conducted hundreds of adult ADHD evaluations, proving to me again and again that ADHD in adults is both diagnosable and highly treatable. I've distilled the literature and my own step-by-step process into this training so you can move with confidence into a specialty that is rewarding, sustainable, and life changing. My passion is sharing the knowledge, tools, and systems that will allow you to experience the same joy, financial success, and profound impact that come with being an Adult ADHD Specialist. **Dr. Schu**

## 30-Day Action and Quick Start Plans

**30-Day Action Plan:** A four-week roadmap that takes you from setup to readiness for adult ADHD evaluations. This plan walks you through building practice systems, mastering core tools, strengthening diagnostic decision-making, and producing professional reports—so you can begin accepting referrals in 30 days or less.

**Quick Start Plan:** A streamlined path for psychologists who already have established practice systems. This plan provides immediate steps to order essential tools, set up your first case, and start accepting adult ADHD referrals right away, while the 30-Day Action Plan ensures you continue building fluency, confidence, and mastery across the full Adult ADHD Specialist Model.