

CNS Vital Signs Deficits – Functional Impact Card

Translates specific CNS Vital Signs domain deficits into real-world ADHD symptom expressions and functional impairments across settings (home, work, school).

CNS Vital Signs Domain	Related ADHD Symptoms (DSM-5-TR)	Impact on Daily Functioning
Composite Memory	Forgetfulness, difficulty following instructions, trouble recalling details	Frequently misplacing items, difficulty retaining information from conversations, poor recall of deadlines and responsibilities
Verbal Memory	Poor working memory, inattention, difficulty remembering verbal instructions	Struggles with following multi-step directions, difficulty recalling verbal agreements, frequent need for repetition
Visual Memory	Inattention, weak organizational skills, difficulty recalling spatial details	Misplacing objects, trouble remembering where things are, difficulty navigating environments or remembering routes
Psychomotor Speed	Hyperactivity, impulsivity, difficulty with fine motor coordination	Sloppy handwriting, slow typing, difficulty with tasks requiring precise motor control
Reaction Time	Impulsivity, poor response inhibition, difficulty delaying reactions	Interrupting conversations, making impulsive decisions, blurting out responses inappropriately
Complex Attention	Easily distracted, difficulty sustaining focus, frequent mind-wandering	Struggles with reading comprehension, difficulty completing long or complex tasks, frequent errors due to lack of sustained attention
Cognitive Flexibility	Rigid thinking, difficulty adapting to change, trouble shifting attention	Struggles with multitasking, difficulty transitioning between tasks, resistance to changes in routine