

Differential (Co-Morbid) Conditions Interpretation Card

Presents differential diagnoses and comorbid conditions (e.g., anxiety, TBI, sleep disorders), highlighting overlapping symptoms with ADHD and providing clinical screening and referral recommendations.

Differential (Co-Morbid) Domain	Condition / Diagnosis	Key Features That Overlap With ADHD	Clinical Considerations / Recommendations
<i>Medical</i>	Sleep Disorders (e.g., OSA, insomnia, daytime sleepiness narcolepsy)	Fatigue, poor concentration, irritability	Screen for snoring, daytime sleepiness, irregular sleep patterns. Consider referral for sleep study.
<i>Medical</i>	Thyroid Dysfunction (hypo-/hyperthyroidism)	Cognitive slowing, restlessness, mood swings	Order basic labs (TSH, T3, T4) if symptoms are unexplained or cyclic.
<i>Medical</i>	Traumatic Brain Injury (TBI)	Impulsivity, inattention, memory loss	Review history of head injury; consider neuropsychological testing.
<i>Medical</i>	Nutritional Deficiencies (e.g., B12, iron)	Fatigue, slow thinking, low energy	Rule out with labs; consider especially in vegetarians, older adults, or those with poor diet.
<i>Medical</i>	Seizure Disorders	Periods of inattention, confusion	Look for brief lapses, aura, or confusion; consider EEG referral if suspicious.
<i>Psychiatric / Mental Health</i>	Anxiety Disorders	Restlessness, distractibility, trouble concentrating	ADHD is more constant; anxiety symptoms often situation specific.
<i>Psychiatric / Mental Health</i>	Major Depressive Disorder	Low motivation, psychomotor slowing, forgetfulness	Assess duration, severity, and pervasiveness of mood symptoms.