

Course Overview: *ADHD – Nature, Course, Outcomes, and Comorbidity* by Russell A. Barkley, PhD

This foundational course presents a comprehensive examination of the **scientific and clinical understanding of Attention-Deficit/Hyperactivity Disorder (ADHD)**, emphasizing its neurodevelopmental nature, lifespan course, and broad functional impact. Based on decades of research and clinical synthesis by Dr. Barkley, the course is essential reading for clinicians who wish to deepen their understanding of adult ADHD and enhance their diagnostic accuracy.

Access Instructions for Required Reading

I recommend taking (reading) the following updated course by Russell A. Barkley, Ph.D., published and copyrighted by ContinuingEdCourses.Net. You have access to these courses for free; you may also choose to take the associated test and pay for CEU credits (optional).

Visit: www.ContinuingEdCourses.Net

Also available at: [Dr. Russell A. Barkley - Dedicated to Education and Research on ADHD](#)

Key Learning Objectives

Upon completion, clinicians will be able to:

1. Define the core symptoms of ADHD and reinterpret them through the lens of executive functioning and self-regulation.
2. Identify comorbid psychiatric disorders, including oppositional defiant disorder, mood disorders, and substance use.
3. Understand the developmental trajectory from childhood through adulthood, including risk for early mortality and life expectancy reductions.
4. Review the etiological factors—neurological, genetic, and environmental—that contribute to ADHD.
5. Differentiate ADHD from Cognitive Disengagement Syndrome (CDS), formerly known as Sluggish Cognitive Tempo.
6. Integrate DSM-5-TR diagnostic criteria with a critical understanding of their application and limitations across age groups.