

## Courses, Books, Tests, Videos, and Podcasts

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### Description and Importance

Clinicians who specialize in adult ADHD must stay anchored in current research and best practices. This chapter curates the most essential educational resources—including courses, books, psychometric tools, and more—needed to build clinical credibility and diagnostic precision. Mastery of these materials not only sharpens your expertise, it sets you apart as a specialist committed to excellence and lifelong learning.

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### COURSES

**These three comprehensive courses by Dr. Russell A. Barkley provide a strong theoretical and practical foundation in adult ADHD diagnosis, executive functioning, and long-term management. Each is available online and can be reviewed for free or taken for CE credit.**

I recommend taking (reading) the three following updated courses by Russell A. Barkley, PhD are published and copyrighted by ContinuingEdCourses.Net. You have access to these courses for **free** or you may also take the test and pay for CEU credits (optional).

[www.ContinuingEdCourses.Net.com](http://www.ContinuingEdCourses.Net.com)

They are also available on Dr. Barkley's website [Dr. Russell A. Barkley - Dedicated to Education and Research on ADHD](#)

*To save/print for your own use -- save the course as a webpage (MHT Document), right click on the webpage document name, open with Word, and save.*