

## **Course Overview: *ADHD in Adults – Diagnosis, Impairments, and Long-Term Management* by Russell A. Barkley, PhD**

This comprehensive course addresses the clinical identification, diagnostic challenges, impairments, and treatment options for ADHD in adults. Dr. Barkley blends evidence-based research with clinical expertise to guide practitioners in recognizing ADHD across the lifespan, with a focus on executive functioning, functional impairment, and long-term outcomes.

### **How to Access for Required Reading**

I recommend taking (reading) the following updated course by Russell A. Barkley, Ph.D., published and copyrighted by ContinuingEdCourses.Net. You have access to these courses for free; you may also choose to take the associated test and pay for CEU credits (optional).

Visit: [www.ContinuingEdCourses.Net](http://www.ContinuingEdCourses.Net)

Also available at: [Dr. Russell A. Barkley - Dedicated to Education and Research on ADHD](http://Dr. Russell A. Barkley - Dedicated to Education and Research on ADHD)

### **Key Learning Objectives**

After completing this course, clinicians will be able to:

1. Describe how ADHD in adults reflects a disorder of executive functioning and self-regulation.
2. Understand the prevalence, diagnostic criteria, and developmental origins of adult ADHD.
3. Conduct a comprehensive diagnostic assessment that includes clinical judgment, rating scales, and collateral data.
4. Review comorbidities and their impact on daily functioning.
5. Apply evidence-based treatments, including medication management and EF-focused CBT.
6. Offer practical, life-specific recommendations for functioning in work, school, home, driving, and health behaviors.