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IDENTIFYING INFORMATION

Client name: Megan Sample (fictitious)
Identification Code: MXH1991
Gender: Female (she, her)
Date of birth (age): Mo/Day/Yr (34)
Vocation: High School Teacher
Marital (Children): Married
Referral Source: Mental Health Counselor
Assessment Date: 3/26/25
Report Date: 3/29/25

EVALUATION SUMMARY

The findings from this comprehensive adult ADHD evaluation provide evidence of a persistent pattern of inattention with some symptoms present since childhood. These symptoms have been observed across multiple settings and are associated with impairments in executive functioning and adaptive functioning.

A diagnosis of F90.0: Adult Attention-Deficit/Hyperactivity Disorder (ADHD), Inattentive Presentation, Mild has been established, with symptoms clearly differentiated from other potential medical or psychiatric conditions. Based on these findings, treatment for adult ADHD is recommended, with detailed treatment recommendations provided below.

PURPOSE OF THIS EVALUATION

The purpose of this psychological evaluation for adult Attention-Deficit/Hyperactivity Disorder (ADHD) was to assess the presence of symptoms related to inattention, hyperactivity, impulsivity, and/or sluggish cognitive tempo. The evaluation also aimed to determine if these symptoms significantly impact the examinee's functioning across multiple settings, rule out other medical or psychiatric conditions that may co-occur or exacerbate ADHD symptoms, confirm whether the examinee meets the DSM-5-TR diagnostic criteria for adult ADHD, and provide recommendations for treatment.

ASSESSMENT STRATEGY

This evaluation follows a comprehensive, research-based approach to diagnosing adult ADHD, incorporating guidelines from the DSM-5-TR and adaptations informed by Russell A. Barkley, PhD and colleagues. Given that ADHD criteria were originally developed for children, this assessment applies age-appropriate methods to evaluate ADHD symptoms, executive functioning, neurocognitive performance, and functional impairment in adulthood. A mixed-